Bash Procrastination & Seal Up the Cracks

"Fiddle-dee-dee, I'll think about that tomorrow!"

-Scarlet O'Hara

WHY
DO
PEOPLE
PROCRASTINATE?

Why Put It Off?

It's too hard!

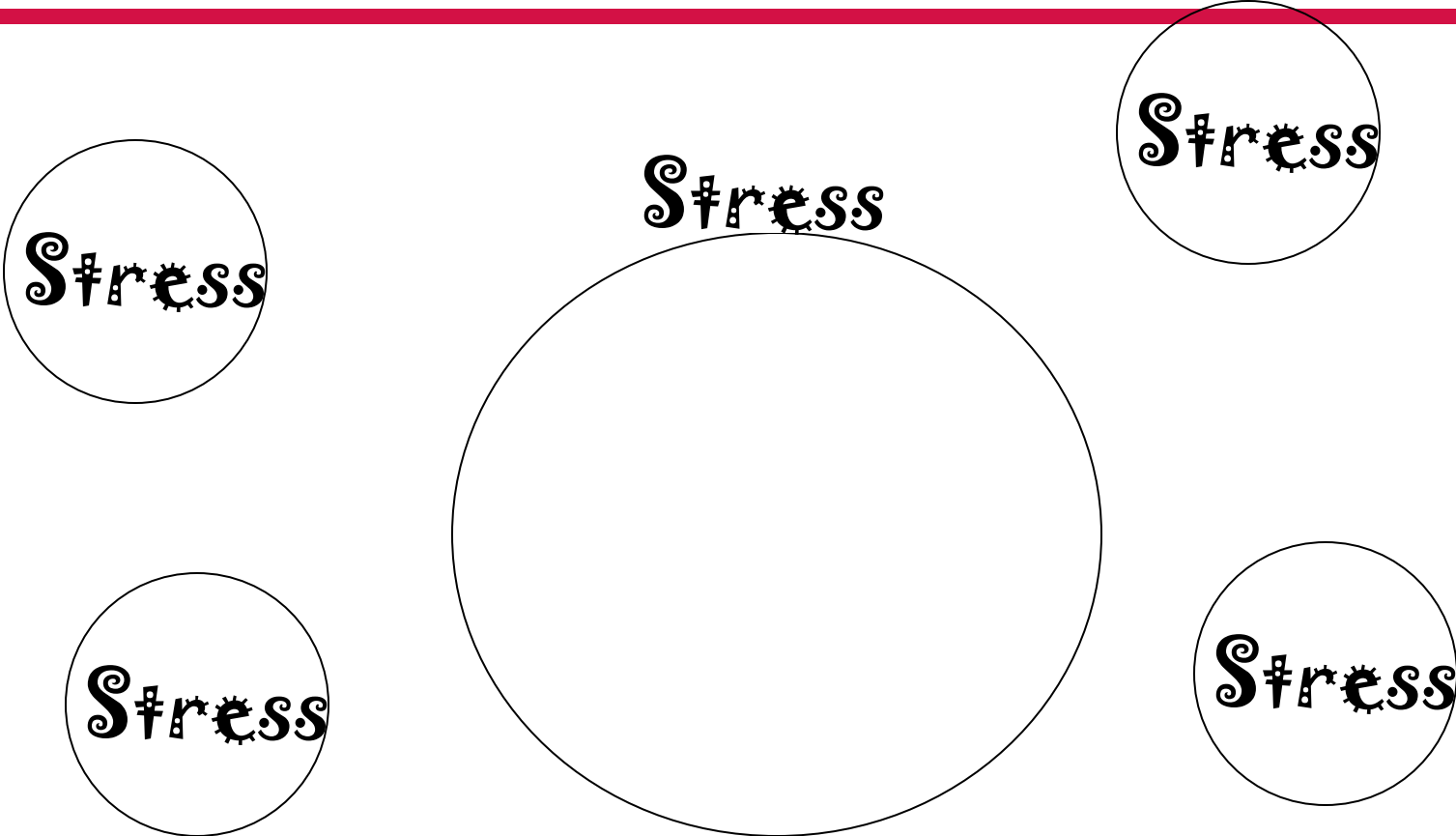I'm scared to try.

I don't know how to do that.

Distractions

That sounds boring.

I'm too busy!

I hate doing that stuff.

Interruptions

How our brains think about stuff

Stress

Stress

Stress

Stress

Stress

Now that you know the problem…

…what are you going to do about it?

Productivity Principle #1

If it's in your brain it's in the wrong place.

"TO DO" Lists

To Do Lists are merely listings of "stuff" – not inventories of the real work that needs to be done.

TO DO LIST

"Amorphous Blob of Undoability"

A Key Distinction

Next Action – the next <u>physical</u> action that will move the project to completion

Projects – work that consists of one or more Next Actions

Next Action Exercise

So how does this work with Vern?

Select one or more of these options

- Teach Vern the concept of next action
- Ask Vern what his next action will be
- Assign next actions, not entire projects
- Delegate projects, but put a deadline on the next action and follow up
- Every time an action is completed, ask "What's the next action?"

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Seal up the cracks…

…so nothing falls through!

HOW?

Organizing Next Actions

Delegated Actions –

– Counting on someone else for a decision, information, action

– The problem? Keeping Track!

– The answer? **Waiting For** List

📋	☐	8/23 - Mary F. - sent final budget for review
📋	☐	8/23 - Tom T. - finding site for Malloy meeting
📋	☐	8/24 - Bob Frank - sent email reminder about contract

The Productive Leader

- Clearly defines outcomes/next actions when delegating

- Is willing to negotiate priorities

- Respects an employee's workspace, time and priorities

- Doesn't create emergencies through delay or personal disorganization

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The Productive Team

- Meetings always start with – "At the end of this meeting we will have…"
- Meetings end with 'What's the next action and who is responsible?'
- Requests for action are clear and defined
- Respect others' workspace, time and priorities

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